## JOIN OUR COMMUNITY

Our website contains resources for families and professionals who want to learn more about STAG1

- Connect with our private Facebook support group
- Read family stories
- Learn about research and STAG1 published medical articles
- Enroll in our CORDs patient registry
- View our STAG1 merchandise store
- Stay up to date on news by Facebook and Instagram social media
- Volunteer / host a fundraiser
- Make a donation

## A PATIENT-LED 501(c)3 NONPROFIT ORGANIZATION

Finding One Another Since 2017



# STAG1

We envision a world in which those with the STAG1 gene mutation are known, valued, and equipped to meet their greatest potential.



www.stag1gene.org



## WHAT IS STAG1?

A rare genetic neurodevelopmental syndrome involving multiple congenital anomalies in a spectrum of mild to severe symptoms such as:

**Global** Developmental **Delav** including Speech Variable Degrees of Intellectual **Disability Facial Features High Nasal Bridge Deep-set Eyes** Wide Mouth Feeding difficulties and/or GERD Seizures **Hypotonia Autistic features Joint laxity Brain MRI or ultrasound findings Microcephaly Growth (Small Size)** 



## SYSTEM

Recommended Initial Evaluations and Treatments

## RESEARCH

To be shared with your medical team

#### Neurological

**Eval:** Consider brain MRI and EEG baseline if concern for seizures, evaluate muscle tone **Treatment:** Treat seizures if present, physical therapy, occupational therapy,

#### Gastrointestinal

**Eval:** Assess feeding, gastroesophageal reflux, prenatal & postnatal growth delay **Treatment**: Feeding intervention

### **Psychological & Psychiatric**

**Eval**: Developmental evaluation, autism spectrum disorder, neuropsychological evaluation, sleep disorders **Treatment**: Treat behavioral issues if needed, ABA therapy.

#### Speech & Language

**Eval:** Speech & language evaluation. **Treatment:** Speech therapy, augmentative communication devices

#### **Musculoskeletal**

**Eval**: Growth parameters, lower limb differences, scoliosis, physical therapy evaluation, occupational therapy evaluation. **Treatment**: PT therapy, OT therapy, adaptive equipment if needed.

#### Cardiovascular

**Eval**: Evaluate for congenital heart malformations **Suggest:** Echocardiogram, pulse oximetry Mutations in the STAG1 gene cause a multisystem development disorder. The clinical phenotype associated with STAG1 shares some but not all features with a broader class of related conditions called "cohesionopathies," which include Cornelia De Lange syndrome.

The STAG1-related condition and the gene variants that cause it remain poorly characterized. More patients and phenotype correlation studies are needed to characterize this rare cohesionopathy.



Scan the QR code to access the CORDS Registry & the Cohesinopathy Biobank Research Study